Roast Beef Loaf



INGREDIENTS

| | Usage Levels (%) |
|-----------------------|------------------|
| Beef, boneless chucks | 58.36 |
| Beef, plate meat | 19.48 |
| Skimmed milk powder | 9.35 |
| Ketchup | 7.79 |
| Salt | 2.73 |
| Onions, grated | 1.56 |
| Pepper, white | 0.39 |
| Worcestershire sauce | 0.15 |
| Bay leaves, crushed | 0.19 |
| Artificial casings | - |
| Total | 100.00 |

NUTRITIONAL CONTENT

| Per 100g | |
|---------------------|---------|
| Calories | 220kcal |
| Total Fat | 8g |
| Saturated Fat | 3g |
| Trans Fat | Og |
| Cholesterol | 60mg |
| Total Carbohydrates | 10g |
| Dietary Fiber | Og |
| Sugars | 9g |
| Protein | 26g |
| Calcium | 198mg |
| Magnesium | 44mg |
| Phosphorus | 330mg |
| Potassium | 610mg |
| Sodium | 1710mg |
| Iron | 2mg |
| Vitamin A | 117IU |
| Vitamin C | 4mg |
| | |

PREPARATION

- 1. Grind meat through large plate grinder.
- 2. Put into steam-jacketed kettle with enough water to cover meat. Bring to boil.
- 3. Add remaining ingredients, except skimmed milk powder. Cook slowly until tender.
- 4. Put meat mixture in blender. While mixing, sprinkle with skimmed milk powder. Add (30-35% by weight) cooking broth. Mix well.
- 5. Chill mixture.
- 6. When firmly set, stuff into artificial casings.

Rely on the dynamic lineup of U.S. dairy to meet consumer demands for global product development. The U.S. Dairy Export Council (USDEC) offers resources on **ThinkUSAdairy.org** including a dairy ingredient supplier search, consumer, nutrition and product research, technical insights and prototype assistance to help develop and launch your next successful product. ThinkUSAdairy

This formula serves as a reference. Product developers are encouraged to modify the formula to meet manufacturing and finished product specification needs. Developed by PHD Technologies LLC. ©2014 U.S. Dairy Export Council.

