Premium Reduced-Fat Cream of Mushroom Soup



INGREDIENTS

	Usage Levels (%)
Emulsion Fraction	
Water	14.00
Cream (30% fat)	1.85
Oil, vegetable	1.75
Skimmed milk powder	1.40
Whey protein concentrate, 75% protein (WPC 75)	0.60
Disodium phosphate	0.50
Condiments	
Water	19.00
Mushrooms, diced	14.00
Salt	1.80
Flavor enhancers	1.05
Flavor, dairy	0.40
Thickener Fraction	
Steam condensate	22.75
Water (to slurry)	15.00
Starch, modified	3.30
Starch, corn	1.60
Flour, wheat	1.00
Total	100.00

NUTRITIONAL CONTENT

Per 100g	
Calories	60kcal
Total Fat	2.5g
Saturated Fat	0.5g
Trans Fat	Og
Cholesterol	5mg
Total Carbohydrates	7g
Dietary Fiber	Og
Sugars	1g
Protein	2g
Calcium	32mg
Magnesium	5mg
Phosphorus	188mg
Potassium	95mg
Sodium	860mg
Iron	0mg
Vitamin A	28IU
Vitamin C	0mg

PREPARATION

Emulsion Preparation

- 1. Hydrate dairy powders in water at 38°C (100°F).
- 2. Add oil and cream to hydrated milk proteins and blend.
- 3. Heat to 60°C and homogenize at 20.7 MPa (3001 psi) square. Heat to 60°C (140°F) and homogenize at 211 kgf/cm sq.



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PREPARATION

(continues)

Soup preparation

- 1. Blanch mushrooms in formula water for 3-4 minutes at 90-95°C (194-203°F).
- 2. Add salt, flavors and flavor enhancers.
- 3. Heat with live steam to 40°C (104°F).
- 4. Add emulsion to the kettle.
- 5. Add the thickener slurry and heat to expand the starch (88-92°C (190-198°F)).
- 6. Adjust to final weight with hot water, mix thoroughly.
- 7. Fill into cans while hot.

This formula serves as a reference. Product developers are encouraged to modify the formula to meet manufacturing and finished product specification needs. Developed by FS&T Consulting. ©2014 U.S. Dairy Export Council.

