INGREDIENTS

	Sports Beverage Mix (%)	Meal Replacer MIx (%)*	Nurtition Drink Mix (%)
Whey protein concentrate, 80% protein (WPC 80), instant	31.5	22.2	79.4
Whey protein isolate (WPI), hydrolyzed	-	-	5.6
Skimmed milk powder, instant	-	22.5	-
Corn syrup solids/sucrose	11.0	10.3	-
Crystalline fructose	49.5	15.0	12.2
Creamer	-	11.7	-
Canola oil	-	6.2	-
Сосоа	-	2.8	-
Guar/xanthan gum	-	1.7	-
Coffee, instant	-	4.2	-
Citric acid	4.0	-	-
Salt	-	-	1.0
Milk minerals	3.0	1.3	-
Vitamin/mineral premix	-	0.9	-
Artificial sweetener	-	-	0.1
Flavor/color (as desired)	1.0	1.2	1.6
Water added by end user	500.0	600.0**	550.0
Total			100.00

Per 100g		
Calories	380kcal	
Total Fat	2.5g	
Saturated Fat	1.5g	
Trans Fat	Og	
Cholesterol	30mg	
Total Carbohydrates	66g	
Dietary Fiber	Og	
Sugars	58g	
Protein	24g	
Calcium	253mg	
Magnesium	28mg	
Phosphorus	64mg	
Potassium	140mg	
Sodium	40mg	
Iron	1mg	
Vitamin A	39IU	
Vitamin C	1mg	

NUTRITIONAL CONTENT

*This formula provides a 40/30/30 profile of Carbohydrate/Fat/Protein.

**Can be mixed with either warm or cold water.

PREPARATION

1. Add to cold water and stir.

Rely on the dynamic lineup of U.S. dairy to meet consumer demands for global product development. The U.S. Dairy Export Council (USDEC) offers resources on **ThinkUSAdairy.org** including a dairy ingredient supplier search, consumer, nutrition and product research, technical insights and prototype assistance to help develop and launch your next successful product. (Carter Council C

This formula serves as a reference. Product developers are encouraged to modify the formula to meet manufacturing and finished product specification needs. Developed at the Wisconsin Center for Dairy Research, University of Wisconsin-Madison, California Polytechnic State University & Proliant, Inc. ©2014 U.S. Dairy Export Council.



